



The Chi Machine

Increases energy, oxygen intake and blood circulation

+ FIR Pad

Widens capillary vessels, speeds up circulation and metabolism

Improves following conditions:

- *Bad circulation*
- *Tired and sore muscles*
- *Poor digestion, constipation*
- *Arthritis, back pain, bone spurs*
- *Nervousness, general pain and insomnia*
- *Poor functioning of internal organs*
- *Asthma and tracheal inflammation*
- *Period pains, anemia*
- *Many chronic conditions*
- *Being overweight*

Water Massage Bed

Increases physical and psychological healing and rejuvenation

Offers preventative and curative treatment which allows for:

- *Improvement in arthritic & rheumatic conditions*
- *Detoxification of the body*
- *Lowering of the blood pressure*
- *Heart rate reduction*
- *Elimination of headaches*
- *Eradication of insomnia*

Provides:

- *Total relaxation*
- *Stress & nervous tension reduction*
- *Invaluable relief from pain*
- *Joint stiffness and muscle spasm relief*
- *Fatigue reduction*
- *Deep muscle stimulation*
- *Enhanced recovery from pain*
- *Skin tone improvement*





Thermo Acupressure Massage Bed

Provides Therapeutic Treatments in 7 different areas

- *Chiropractic:*
 - ✓ *Spinal and Inter Segmental Decompression Process*
 - ✓ *Back Pain*
 - ✓ *Sciatica*
- *Chronic Fatigue*
- *Fibromyalgia*
- *Nervous System Detoxification*
- *Auto Immune System Improvement*

Whole Body Vibration Plate

Generates benefits in 5 major areas

Weight loss:

- *Increases metabolism*
- *Transforms fat to muscle*
- *Helps normalize insulin*
- *Burns body fat*

Muscle strength:

- *Builds muscle mass 2 times faster than traditional weight lifting resistance exercise*
- *Increases flexibility*
- *Provides anaerobic and aerobic exercise at the same time*
- *Lowers impact of the workout on joints*

Fitness level:

- *Compliments conventional training*
- *Speeds up recovery*
- *Improves explosive strength*
- *Simultaneously increases flexibility as you get stronger*

Bone health:

- *Promotes bone strength*
- *Offers a drug free treatment for osteoporosis*

Movement agility:

- *Improves posture*
- *Develops physical flexibility*

